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Get Ready For A Meeting

Hi there. MOMO is here to help you work out how you're feeling and make sure your views and wishes are understood at your next meeting. That way they can be included in the plan your workers make with you.

To get started just answer the questions below or, to make it easier, use the MOMO app. Once you're on the app you can use it to get things off your chest and your wishes listened to anytime you need, even when you don't have a meeting.

Use online at app.mindofmyown.org.uk

Child in Need Review





How You're Feeling

How are you feeling about things right now? Select as many options as you like





About The Meeting

What meeting are you getting ready for?

Child in Care Review Foster Carer Review Family Group Conference

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Personal Education Plan

Where You'd Like The Meeting To Be

Where feels best for you?

Home School/College Placement +

please turn over



Who You'd Like To Be There

Fill this in if there is anyone you DO want to be at the meeting



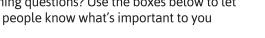
Who You Don't Want To Be There

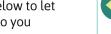
Fill this in if there is anyone you DON'T want to be at the meeting



What You Want To Talk About

What do you want to talk about? Do you have any burning questions? Use the boxes below to let





Who You Want To Sit By

Say if there is someone you'd like to sit next to at the meeting



My Education

Please say a little more if you can...

My Goals

What's Good Right Now

What's going well in your life?

What's making you feel happy?		
Friends	Where I Live	School

Hobbies/Activities Work

Health

Relationships

Please say a little more if you can...

College

Sharing This Statement

Is there anyone in particular you would like to read what you have written here?

Social Worker Advocate **IRO/LAC Chair Foster Parents** School **Key Worker** Leaving **Personal Advisor Care Worker**



What You Want To Happen Next

What would you like to happen after the meeting? What would you like to change?



Your Name



If you're done please send or give this form to your worker. If you want to do another one or need a hand getting your views heard in between meetings, you can always use MOMO at app.mindofmyown.org.uk or download it





MOMO keeps your personal details private and confidential. You choose what to say and to whom. It does not store anything on your device. More info at www.mindofmyown.org.uk/privacy